

Free Food Resources

Compiled by Cape Wellness Collaborative

Updated April 2020

Town/ Area	Focus	Provided By	Website	Contact
All Cape	people in cancer treatment	Cape Wellness Collaborative	https://www.capewellness.org/wellnesseats	774-408-8477
All Cape	Anyone in need	Family Pantry of Cape Cod	https://www.thefamilypantry.com/About-Us/Programs	508-432-6519
All Cape	Anyone in need	Lower Cape Outreach Main Food Pantry	https://lcoutreach.org/pantry-hours/	508-240-0694
All Cape	Hospitality Industry	Cape Cod Family Table Collaborative	https://www.facebook.com/CapeCulinaryIncubator/	capeculinaryincubator@gmail.com
Barnstable	Students 18 & under	Barnstable Public Schools	https://www.barnstable.k12.ma.us/Page/4934	
Brewster	Students 18 & under	Nauset Public Schools	https://www.nausetschools.org/cms/lib/MA02212418/Centricity/Domain/8/Grab%20n%20Go%20Schools.pdf	
Chatham	anyone in need	Community Food Pantry		
Chatham	Students 18 & under	Monomoy School District	https://www.monomoy.edu/Page/3539	(508) 237-1781
Dennis	All students	Dolphin Drive Thru	https://www.dy-regional.k12.ma.us/district/covid-19-coronavirus-information/pages/dolphin-drive-thru	508-398-7626
Eastham	Students 18 & under	Nauset Public Schools	https://www.nausetschools.org/cms/lib/MA02212418/Centricity/Domain/8/Grab%20n%20Go%20Schools.pdf	
Harwich	anyone in need	Family Pantry	https://www.thefamilypantry.com/	508-432-7083
Harwich	Students 18 & under	Monomoy School District	https://www.monomoy.edu/Page/3539	(508) 237-1781
Orleans	Students 18 & under	Nauset Public Schools	https://www.nausetschools.org/cms/lib/MA02212418/Centricity/Domain/8/Grab%20n%20Go%20Schools.pdf	
Provincetown	Students/ families	PTS Family Food Distribution	https://www.provincetownschools.com/pts-food-distribution.html	*TEXT ONLY* 619-204-4950
Provincetown	Anyone in need	Soup Kitchen in Provincetown (SKIP)	https://www.skipfood.org/	508.487.8331
Provincetown	Women with chronic, life threatening and/or disabling illness	Helping Our Women Food Pantry	https://helpingourwomen.org/covid19resources/	(508) 487 – 4357
Provincetown	Anyone in need	Library Crop Swop	https://provincetownlibrary.org/crop-swap/	508-487-7094

Free Food Resources

Compiled by Cape Wellness Collaborative

Updated April 2020

Town/ Area	Focus	Provided By	Website	Contact
Truro	Students/ families	Truro Central School	http://www.truromass.org/	508-487-1558 x 203
Truro	Anyone in need	Truro Community Kitchen	https://trurocommunitykitchen.weebly.com/	973-868-7526
Wellfleet	Anyone in need	Common Table	https://www.facebook.com/commontable6/	commontable6@gmail.com
Wellfleet	Students 18 & under	Nauset Public Schools	https://www.nausetschools.org/cms/lib/MA02212418/Centricity/Domain/8/Grab%20n%20Go%20Schools.pdf	
Yarmouth	All students	Dolphin Drive Thru	https://www.dy-regional.k12.ma.us/district/covid-19-coronavirus-information/pages/dolphin-drive-thru	508-398-7626